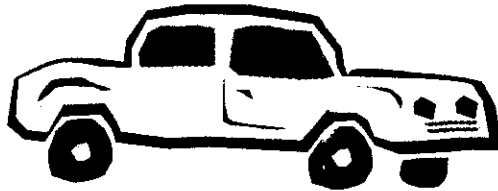


HAVE A SAFE TRIP!

This check list will help you safely prepare your motor vehicle for winter travel. It will help you select the equipment you may need to survive being stranded with your vehicle in a winter storm.

Trip Plan

Did you:



- Notify someone at each end of your trip about your travel plans?
- Check the weather and road conditions for the duration of your trip?
- Fill the fuel tank and check other vehicle fluids?
- Check the tire pressures?
- Bring emergency food and water?
- Bring a survival kit?



George Maher
Agriculture Safety Specialist

Vehicle readiness

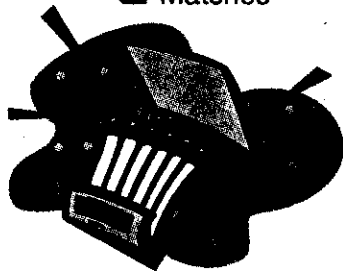
Does your vehicle have:

- | | |
|---|--|
| <input type="checkbox"/> Full fuel tank | <input type="checkbox"/> Tire pressures OK |
| <input type="checkbox"/> Oil level full | <input type="checkbox"/> Shovel in vehicle |
| <input type="checkbox"/> Coolant strong and full | <input type="checkbox"/> Survival kit in vehicle |
| <input type="checkbox"/> Strong battery | <input type="checkbox"/> Spare tire in vehicle |
| <input type="checkbox"/> Heater/defroster working | <input type="checkbox"/> Jack and tools |
| <input type="checkbox"/> Brakes in good condition | <input type="checkbox"/> Tow rope or chain |
| <input type="checkbox"/> Working headlights and tail lights | <input type="checkbox"/> Sand for traction |
| <input type="checkbox"/> Non-leaking exhaust system | <input type="checkbox"/> Car radio working |
| <input type="checkbox"/> CB radio or cellular phone | <input type="checkbox"/> Engine belts OK |
| <input type="checkbox"/> Good tread on tires | |

Survival kit contents

Do you have these items in your kit?

- | | |
|---|--|
| <input type="checkbox"/> First Aid kit | <input type="checkbox"/> Spare batteries |
| <input type="checkbox"/> Two quarts water/person | <input type="checkbox"/> Tissues |
| <input type="checkbox"/> Compass | <input type="checkbox"/> 30 ft. light rope |
| <input type="checkbox"/> Emergency handwarmers | <input type="checkbox"/> Playing cards |
| <input type="checkbox"/> High energy emergency food | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Note paper and pencil/pen | <input type="checkbox"/> Drinking cups |
| <input type="checkbox"/> Bright colored safety ribbon | <input type="checkbox"/> Matches |
| <input type="checkbox"/> Portable radio and batteries | |



Survival clothing

You should probably bring along:

- Heavy coat or parka
- Warm hat or cap
- Sweater/jacket for layering
- Blankets or sleeping bag
- Extra socks
- Knitted scarf
- Sunglasses
- Gloves or mittens
- Warm footwear
- Balaclava

Medicinal supplies

You may need these items:

- Tissues
- Toothbrush
- Toothpaste
- Prescription medicines
- Covered container for toilet
- Sanitary supplies
- Toilet paper
- Wet towelettes
- Aspirin/Tylenol
- Contact lens supplies



Wind chill factor comparisons

Temperature	Calm	15 m.p.h.	30 m.p.h.	40 m.p.h.
30	30	11	-2	-4
20	20	-6	-18	-22
10	10	-18	-33	-36
0	0	-33	-49	-54
-10	-10	-45	-63	-69
-20	-20	-60	-78	-87
-30	-30	-70	-94	-101
-40	-40	-85	-109	-116

Wind speeds greater than 40 m.p.h. have little additional chilling effect.

Emergency phone numbers

North Dakota

State-wide emergency assistance	1-800-472-2121
State-wide road conditions	1-800-472-2686
Bismarck area roads	(701) 328-7623
Devils Lake area roads	(701) 662-1304
Dickinson area roads	(701) 227-7460
Fargo area roads	(701) 239-8950
Grand Forks area roads	(701) 787-6550
Minot area roads	(701) 837-7623
Valley City area roads	(701) 845-8630
Williston area roads	(701) 774-4344
Weather conditions	(701) 235-2600
Cell phone users	# SAFE
Fax printout road conditions	(701) 328-4623
Http://www.state.nd.us/dot/road_report.html	

Minnesota

Cellular state-wide emergency assistance	911
State-Wide road conditions	1-800-542-0220
Northwestern Minnesota road/weather conditions	1-800-657-3694

South Dakota

Sioux Falls area road conditions	(605) 357-5707
Aberdeen area road conditions	(605) 626-2282
Rapid City area road conditions	(605) 394-2255

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